

Forehead Lift FAQ

Q: How long will my stitches stay in?

A: Generally within 5 days.

Q: When can I shower?

**A: The head dressing must remain in place for 4-5 days.
You may shower after it is removed.**

Q: How long will my bruising last?

A: Usually within 2 weeks.

Q: How long should I take off of work?

A: Generally you should take off 7-10 days depending on the physical demand of your job.

Q: How long should I go without exercise?

A: Approximately 4 weeks, depending on you comfort level and degree of swelling.

Q: How long will the swelling last?

A: Some swelling may persist for up to 4-5 months.

Q: How long will I be able to feel the Endotine (suspension Anchor)?

A: Approximately 3-4 months following your procedure.