

## **Abdominoplasty FAQ**

**Q: How long before I can shower?**

**A: Within 24-48 hours.**

**Q: How long will my stitches stay in?**

**A: Usually 10-14 days. Most of the incision is closed with a tissue glue.**

**Q: How long will my drain stay in?**

**A: Usually 7-10 days following surgery.**

**Q: How long should I sleep in a hip flexed position?**

**A: For 7-10 days following the procedure.**

**Q: How long will I need to wear my compression garment?**

**A: For 4-6 weeks following surgery.**

**Q: How long should I go without exercise?**

**A: For 4 weeks following surgery.**

**Q: How long should I take off from work?**

**A: You should take approximately 2 weeks off, depending on the physical demand of your job.**